



Program Summary

The Positive Youth Institute will consist of three (3) days of training. Participants will attend a minimum of four (4) workshops and one (1) large-group forum, two (2) age-specific forums, and one (1) community-building activity over the course of the institute. Days begin with icebreakers, and breaks are provided appropriately.

Please Note: Minors must be accompanied by organizational supervisors and have guardian-signed permission slips. Organizational representatives are responsible for liability and actions of all minors on-site.

Workshops

Instructors will come from a broad range of artistic, academic, and medical backgrounds. Participants will be asked to participate in two small-group discussions to deal with their choice of a list of pre-determined topics. Youth will be invited to choose from acceptance, disclosure, interpersonal relationships, aging out of youth healthcare and services, and the role of gender in HIV experience. Youth participants will be invited back to a large-group discussion to share highlights and lessons learned throughout the leadership development institute and engage their peers in meaningful and facilitated dialogue.

Participant Testimonials

- The most valuable aspect of this PYI training taught me how to love myself and pay attention to my doctor's advice! This training has given me so much. Thank you"
- "I thought everything went very well. It was well organized. The workshops were very informative. Seeing where everyone comes from in regards to their health. I think the most valuable aspect was we all got to learn from each other...so we can help each other out across state lines."
- "The most valuable part of the training is meeting other positive youth. I no longer feel like I am alone. Also, meeting older positive people and speaking with them about experiences was helpful."
- "I really enjoyed the atmosphere and being around my peers whom I can relate to. Tim'm West was really insightful as well as all the other presenters. But the medical information and meditation was my highlight. And also talking to one of the presenters about medications and proper way to take them."
- "I loved the whole thing and have made the best of friends. It made me want to be more active."

National Association of People with AIDS (NAPWA)

Positive Youth Institute 2010 SAVE THE DATE

When: August 11, 2010 – August 15, 2010

Where: American Airlines Training & Conference Center, Dallas, TX



NAPWA's Positive Youth Institute is designed for HIV-positive youth by an Advisory Committee consisting of HIV-positive youth. NAPWA's goal is to train HIV-positive young people from across the country in the life skills required for good health. The workshops run the gamut of social and medical issues, and have included in the past: public presentation; resume building; media spokesperson issues; creative arts; medical care and treatment, and body image. Workshops are taught by professionals in their respective fields.

Goals:

The Positive Youth Leadership Development Institute will develop a national cadre of more than 100 youth ambassadors who are living with HIV/AIDS that can bring the knowledge obtained through the course of the training back to their communities to:

- Build sustainable leadership among other community youth
- Increase engagement in HIV prevention campaigns and initiatives targeting youth
- Increase ability to manage individual mental, emotional, and physical health
- Reduce community experiences resulting from HIV-related stigma
- Reduce the individual impact that HIV-related stigma has on their personal lives



NATIONAL ASSOCIATION OF
PEOPLE WITH AIDS

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